The Biggest Dos & Don'ts of the Year

Glamour's recap of the hits, misses, and see-through dresses. Let's do this!

If you've got it, flaunt it—that's how it went in 2015. Shall we recap? Nicki Minaj posed in a gold peekaboo dress at the MTV Video Music Awards; Kylie Jenner went to Cannes in (very sheer) white; Jennifer Lopez bared her infamous curves at the Billboard Music Awards; and Beyoncé basically just wore rhinestones to the Met Gala. So, is all this transparency a real-life Do? Not according to 69 percent of you, who call the look “too revealing,” “not flattering,” and “unnecessary.” Fair enough, but we have to agree with this woman: “I wouldn’t wear one, but they rock them, so why not?” (Also, who argues with Queen Bey?)
First, a shout-out to models like Candice Huffine, left, Ashley Graham, and Denise Bidot. After seeing their bodacious bods and glowy faces everywhere from the runways and, well, Glamour, to on stage giving a TED Talk, the world has come to this long overdue conclusion: Women of all sizes deserve to be celebrated regularly.

Of course, we also owe a round of applause to those in the fashion industry who are working to ensure chicer options in plus-size retail: actress Melissa McCarthy, who recently launched her eponymous line; retailer Lane Bryant and its new designer offerings; and emerging brands like Universal Standard and Mei Smith.

And also you, women of America. Thanks to social media (insert “praise hands” emoji here), consumers are using their voices and being heard. Take, for example, when Instagram banned #curvy earlier this year (it was frequently used on NSFW photos). Within a week, users had created such an uproar that the platform reinstated the hashtag and publicly apologized. Even Gigi Hadid called out body shamer on the app after seeing an influx of negative comments during fashion month, writing: “Yes, I have boobs, I have abs, I have a butt, I have thighs, but I’m not asking for special treatment….. If you don’t like it, don’t follow me, don’t watch me, ’cause I’m not going anywhere.”

According to 88 percent of you, we’re headed in the right direction. “The body isn’t something to apologize for,” one woman tells Glamour. “We should accept ourselves and the many ways of being in this world.” Tall, short, curvy, straight, or anything in between—whatever you are, you’re a Do. —Lauren Chan

Actress Paz Vega debuted hers at the Venice Film Festival; 58 percent of you give it a standing O.

Rita Ora had long hair on September 19; five days later? Gone! (73 percent of you are down with that.)

Kate Mara got her crop for a movie role, but 61 percent of you say she should keep it IRL too.

#3 Hair Do of the Year: **The Pixie**

The lob? So 2014. This year celebs were all about a close crop—and you think it’s a Do too!
#4 Do: Gender-Bending

Fashion

This was the year that women wore suits, men wore dresses—and 60 percent of you were fine with it.

Simple twists, like fashion editor Caroline Issa’s pin, soften the masculinity of a suit.

This woman in Milan does business up top and—with sneakers!—street-style below.

Go for broke with pink pinstripes and a jaunty necktie, as seen in Florence, Italy.

Simple twists, like fashion editor Caroline Issa’s pin, soften the masculinity of a suit.

It’s all black everything for this beskirted man, spotted in London.

Go for broke with pink pinstripes and a jaunty necktie, as seen in Florence, Italy.

7 Things to Be Proud of This Year (Even If You Didn’t Quite Save the World)

By Pamela Redmond Satran & Kimberly Bonnell

1. Self-ripping your old, $32 jeans to look just like the new, $180 ones.
2. “Magically tidying up”—by dumping 42 old mascaras, 17 weary tees, and one meh guy.
3. Binge-watching without binge-eating or -drinking.
4. Training your cat to smile. (That was too a smile.)
5. Getting to 20 no-knee push-ups.
6. Letting go of your FOMO and admitting that Coachella was never your jam anyway.
7. Starting up your dream gig. It’s on the side for now, but hey, starting up your dream gig!

The Glamour List

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How to win at Chrismakwanzika (or whatever you choose to celebrate), according to the Pitch Perfect star and newly minted fashion designer

"Get ready for the roller coaster that is eating too much, partying too much, and attending obligatory family functions," Rebel Wilson tells Glamour. "It can be exhausting, but I still love the ends of years, especially this year!" Which makes sense, because 2015 was when her film Pitch Perfect 2 became the highest-grossing music-comedy film of all time. She also launched a plus-size line, Rebel Wilson for Torrid, this fall. "But right now I’m here for you guys," says Wilson. "Here to give you some quality advice on how to navigate the upcoming holiday season." Listen up!

DO SPLURGE ON PRESENTS. I love giving gifts and being generous to those I cherish. I stock up on the classic American brands—Ralph Lauren, Tommy Hilfiger, Nike—in the U.S. and take cool swag back to my family in Australia. (Australia is super influenced culturally by America, and we’re crazy about all that stuff. If I could ship cars legally, I would!) My family has always been huge on presents, and I like to spoil them—I get that from my mum. Sometimes I buy so many gifts for my family that I open a “gifting suite” to let them peruse the selection.

DON’T DRINK TOO MUCH. Sure, there’s an unlimited (free!) bar at your end-of-year work function, but trust me, you do not want to get sloshed around coworkers. I’ve been to a lot of Hollywood parties, and there are people I’ve respected who will be really drunk and say the craziest things. People have offered, like, threesomes! Sloppy is not usually a good look.

DO DRESS TO IMPRESS IF YOU’RE GOING OUT. Red is a cool color for the holidays; plus, it’s attention-seeking and ultra sexy. If you’re trying to pick up guys, I’d definitely wear the red peplum dress from my new Rebel Wilson for Torrid collection. I always feel confident wearing a nice red dress.

BUT IF YOU’RE JUST HANGING WITH YOUR FAMILY? DON’T DRESS UP. In that case, you’re really only there to eat. I absolutely love the Thanksgiving meal—like, whoever thought of putting marshmallows on top of yams (or sweet potatoes): genius. So if it’s just your family and you don’t need to impress anyone, wear stretchy pants!

DON’T PUT OUT THE SNACKS BEFORE THE GUESTS ARRIVE. You will eat them! And they will only inflame your irritable bowel. Can you tell this advice is very, very personal to me?

DO TAKE TIME TO REFLECT. Once New Year’s Eve rolls around (or you roll toward it, after eating constantly through December), it’s time to reflect. Write in a journal about your year and what you’re proud of. (I also make a photo book of all my pictures, which takes, like, 10 hours and is megs dorky, but I love me some memories!) I always have a goal of trying to be more sociable—I’m trying to find more balance. And I think I really did do that in 2015. Ending things on a super-positive reflective note pumps you up so you can crush the new year.

Until then, I hope you have an amazing holiday season! Mwah! xoxo, Rebel

Want more of Ms. Wilson? Her films How to Be Single and Grimsby are due next year; and Rebel Wilson for Torrid (sizes 12–28, including this sharp jacket) is available now at torrid.com.
Who runs the world? Girls! Squads of ‘em. At least that’s what Taylor Swift—and Karlie, Selena, Lily, Zendaya, Cara, Kendall, Gigi, and Lena—have you thinking, because there are more than 4 million #squad posts on Instagram right now. Which is great by us: What’s not to love about a tribe of gorgeous, smart, talented women having one another’s backs and inspiring the rest of us to put female friendship first (and also to document that friendship on Instagram with copious hashtags)? Sure, the social media side of things can cause some #squadanxiety about our own crews (why don’t our photos of friends in matching onesies get millions of likes?), but the core message—women supporting other women—is always a Do.
Put a Bird on It!

That was fashion’s mantra this year, and Hollywood was happy as a lark about the trend. Behold these Dos & Don’ts.

Wait! Before You Go…

Make It a Do

When Carrie Brownstein turned to Fred Armisen on Portlandia and declared that putting a bird on a tote bag would spruce it up, it was just a joke. But in the real world, fashion took birdwear very seriously in 2015. Cranes, peacocks, and flamingos were everywhere as prints (The Affair’s Ruth Wilson, at front), embroidery (Rashida Jones’ Valentino dress, far left), even appliqué (Dianna Agron’s custom white Tory Burch, at top). Want in? Just keep accessories simple; otherwise the look can be too busy. Now go for it. We believe you can fly.